

# DCAC LONG COURSE TEAM RECORDS

As of October 2009

MEN			WOMEN		
<b>19-24</b>					
Marcus Chung	:26.01	2000	<b>50 free</b>	2000	:29.59 Kim Myers
Marcus Chung	:56.94	2000	<b>100 free</b>	2000	01:03.78 Kim Myers
Jason Klugman	2:19.12	1995	<b>200 free</b>	2000	02:20.39 Kim Myers
Marcus Chung	04:49.18	2000	<b>400 free</b>	1995	05:06.27 Bethany Williston
Jason Klugman	10:22.49	1995	<b>800 free</b>	2000	14:13.50 Jennifer Jones
Jason Klugman	20:54.55	1995	<b>1500 free</b>	2000	20:49.19 Jennifer Choich
Greg Bilton	:31.20	2004	<b>50 back</b>	2000	:34.77 Linda Wentz
Andrew Bellows	01:09.98	2004	<b>100 back</b>	2000	01:16.27 Linda Wentz
Andrew Bellows	02:31.04	2004	<b>200 back</b>	2000	02:53.38 Linda Wentz
Gary Armstrong	:33.47	1995	<b>50 breast</b>	2001	:40.63 Andrea Cardy
Bryan Kandrath	01:15.38	1995	<b>100 breast</b>	2001	01:33.60 Andrea Cardy
Bryan Kandrath	02:46.41	1995	<b>200 breast</b>	2000	03:37.41 Christina West
Tim McCormick	:29.05	1990	<b>50 fly</b>	2000	:32.39 Kim Myers
Tim McCormick	01:07.30	1990	<b>100 fly</b>	1995	01:16.17 Bethany Williston
Tim McCormick	02:39.80	1990	<b>200 fly</b>		
Andrew Bellows	02:26.79	2004	<b>200 I.M.</b>	2000	03:04.02 Karen Havas
Andrew Bellows	05:24.67	2004	<b>400 I.M.</b>		
<b>25-29</b>					
Neill Williams	:24.13	1995	<b>50 free</b>	2007	:30.43 Meredith Stakem
Corey Carlisle	:55.79	2000	<b>100 free</b>	2000	01:01.47 Michelle Jespersion
David Michaels	02:09.80	1993	<b>200 free</b>	2000	02:22.07 Michelle Jespersion
Matt Kinney	04:36.95	1999	<b>400 free</b>	2000	05:03.68 Rachel Frentsos
Andre Nussbaum	09:29.89	2000	<b>800 free</b>	2000	10:30.64 Holly Sisk
William Wells	18:08.72	1990	<b>1500 free</b>		
Corey Carlisle	:29.83	2000	<b>50 back</b>	1997	:34.94 Jennifer Vana
Corey Carlisle	01:06.43	1998	<b>100 back</b>	2000	01:13.25 Michelle Jespersion
Neill Williams	02:30.30	1995	<b>200 back</b>	2004	03:38.57 Sarah Preis
Neill Williams	:31.26	1996	<b>50 breast</b>	1995	:43.32 Shelia Walsh
Neill Williams	01:08.46	1996	<b>100 breast</b>	1996	01:28.08 Shelia Walsh
Matt Kinney	02:31.62	1996	<b>200 breast</b>	1996	03:07.77 Shelia Walsh
Neill Williams	:26.31	1995	<b>50 fly</b>	2000	:31.22 Michelle Jespersion
Tom Augsperger	01:00.31	1995	<b>100 fly</b>	2000	01:08.45 Michelle Jespersion
William Wells	02:18.33	1990	<b>200 fly</b>	2000	02:40.35 Holly Sisk
Neill Williams	02:15.48	1996	<b>200 I.M.</b>	2000	02:33.20 Michelle Jespersion
William Wells	05:03.59	1990	<b>400 I.M.</b>	2000	05:51.72 Sara Megan Reese
<b>30-34</b>					
Neill Williams	:24.93	1998	<b>50 free</b>	1988	:34.74 Susan Koch
David Michaels	:56.07	1995	<b>100 free</b>	2000	01:07.70 Amy Oggel
John O'Keefe	02:07.28	2000	<b>200 free</b>	2000	02:29.36 Amy Oggel
John O'Keefe	04:34.32	2000	<b>400 free</b>	2000	05:18.61 Amy Oggel
Matt Kinney	09:39.62	2004	<b>800 free</b>	2000	12:35.00 Lynette Brooks
David Coray	21:03.98	1993	<b>1500 free</b>		
Neill Williams	:30.34	1998	<b>50 back</b>	1999	:36.30 Jennifer Vana
Neill Williams	01:07.34	2001	<b>100 back</b>	1999	01:19.58 Jennifer Vana
Neill Williams	02:33.34	1998	<b>200 back</b>	1999	02:56.60 Jennifer Vana
Neill Williams	:31.89	2002	<b>50 breast</b>	2000	:41.90 Shelia Walsh
Neill Williams	01:08.79	1998	<b>100 breast</b>	1995	01:30.69 Marcia Cushing
Matt Kinney	02:32.53	2000	<b>200 breast</b>	2000	03:10.53 Shelia Walsh
Neill Williams	:26.35	2002	<b>50 fly</b>	1995	:36.14 Marcia Cushing
John O'Keefe	01:01.05	2000	<b>100 fly</b>	1990	01:26.27 Carol-Ann Smalley
Matt Kinney	02:27.03	2004	<b>200 fly</b>		
Neill Williams	02:20.39	1998	<b>200 I.M.</b>	2000	02:58.13 Shelia Walsh
Matt Kinney	05:03.60	2000	<b>400 I.M.</b>	1990	06:43.76 Carol-Ann Smalley
<b>35-39</b>					
Neill Williams	:25.24	2004	<b>50 free</b>	2000	:35.32 Catherine Lynch
Bill Zolna	:57.25	2004	<b>100 free</b>	2007	01:15.06 Leila Batties
John O'Keefe	02:07.00	2003	<b>200 free</b>	1998	02:45.49 Barbara Hill

Enrique Quinones	04:37.83	2000	<b>400 free</b>	1997	05:48.30	Barbara Hill
Leo Espinosa	10:07.57	1995	<b>800 free</b>	1998	12:21.80	Barbara Hill
Fred Dever	20:21.20	2004	<b>1500 free</b>			
Paul Frentsos	:29.71	1996	<b>50 back</b>	2000	:36.51	Marianne Haegeli
Jerry Frentsos	01:05.35	2000	<b>100 back</b>	2000	01:19.19	Marianne Haegeli
Jerry Frentsos	02:13.28	2000	<b>200 back</b>	2000	02:53.15	Anne Foerster
Neill Williams	:32.11	2007	<b>50 breast</b>	2000	:46.55	Catherine Lynch
Neill Williams	01:10.80	2003	<b>100 breast</b>	2000	01:34.62	Anne Foerster
Neill Williams	02:39.91	2004	<b>200 breast</b>			
Neill Williams	:26.71	2007	<b>50 fly</b>	2000	:34.46	Anne Foerster
Jerry Frentsos	:59.72	2000	<b>100 fly</b>	1995	01:26.86	M. Morris
Bill Zolna	02:13.04	2004	<b>200 fly</b>			
Jerry Frentsos	02:13.02	2000	<b>200 I.M.</b>	2000	03:05.43	Marianne Haegeli
Jerry Frentsos	04:43.17	2000	<b>400 I.M.</b>	1997	06:43.07	Barbara Hill

#### 40-44

Neill Williams	:25.65	2009	<b>50 free</b>	2008	:29.65	Kathryn Kirmayer
Jose Cunningham	:59.92	1996	<b>100 free</b>	2008	01:05.37	Kathryn Kirmayer
Jay Fissette	02:17.40	1998	<b>200 free</b>	2008	02:22.55	Kathryn Kirmayer
Jay Fissette	04:56.20	1998	<b>400 free</b>	2008	05:06.12	Kathryn Kirmayer
Fred Dever	10:30.33	2009	<b>800 free</b>	2008	10:35.56	Kathryn Kirmayer
Fred Dever	19:43.76	2009	<b>1500 free</b>	2002	27:57.39	Becky Halbe
Neill Williams	:31.05	2008	<b>50 back</b>	2008	:35.50	Kathryn Kirmayer
Neill Williams	01:06.75	2009	<b>100 back</b>	2000	01:23.86	Barbara Hill
Marty Hendrick	02:37.77	2000	<b>200 back</b>	2000	03:01.89	Barbara Hill
Neill Williams	:31.42	2009	<b>50 breast</b>	2000	:44.97	Kathy Markey
Neill Williams	01:10.57	2009	<b>100 breast</b>	2000	01:44.03	Kathy Markey
Neill Williams	02:43.90	2008	<b>200 breast</b>	2000	03:44.02	Kathy Markey
Neill Williams	00:26.46	2009	<b>50 fly</b>	2003	:46.84	Becky Halbe
Fred Dever	01:09.01	2009	<b>100 fly</b>	2000	01:47.45	Becky Halbe
Doug Wilson	02:44.95	1995	<b>200 fly</b>	2003	03:58.74	Becky Halbe
Marty Hendrick	02:33.17	2000	<b>200 I.M.</b>	2000	03:05.42	Barbara Hill
Neill Williams	05:21.39	2009	<b>400 I.M.</b>	2000	07:51.32	Becky Halbe

#### 45-49

Jose Cunningham	:26.47	2004	<b>50 free</b>	2002	:31.87	Vivian Young
Alan Godfrey	:58.97	2003	<b>100 free</b>	2002	01:15.05	Vivian Young
Alan Godfrey	02:12.15	2003	<b>200 free</b>	2002	02:51.58	Vivian Young
Wilson Rumble	05:16.08	2008	<b>400 free</b>	2000	05:37.65	Valerie Campbell
Wilson Rumble	11:03.02	2008	<b>800 free</b>	2008	15:18.32	Becky Halbe
Jim Marks	26:24.58	1995	<b>1500 free</b>	2000	21:59.96	Valerie Campbell
Alan Godfrey	:31.22	2002	<b>50 back</b>	2002	:40.11	Vivian Young
Alan Godfrey	01:07.04	2003	<b>100 back</b>	1998	01:34.29	Carol Galbraith
Alan Godfrey	02:27.23	2002	<b>200 back</b>	2002	03:15.56	Vivian Young
Jose Cunningham	:33.19	2004	<b>50 breast</b>	1995	:41.22	Dale Barnhart
Jose Cunningham	01:16.29	2004	<b>100 breast</b>	1995	01:32.09	Dale Barnhart
Jose Cunningham	02:55.26	2004	<b>200 breast</b>	1995	03:20.99	Dale Barnhart
Geoff Heuchling	:29.09	2004	<b>50 fly</b>	2004	:46.22	Becky Halbe
Geoff Heuchling	01:10.37	2004	<b>100 fly</b>	2004	01:48.23	Becky Halbe
Doug Wilson	02:49.29	1995	<b>200 fly</b>	2004	04:01.86	Becky Halbe
Alan Godfrey	02:30.29	2002	<b>200 I.M.</b>	2004	03:45.98	Becky Halbe
Wilson Rumble	06:13.37	2008	<b>400 I.M.</b>	2004	07:55.96	Becky Halbe

#### 50-54

Jose Cunningham	:27.62	2007	<b>50 free</b>	2000	:34.28	Carol Galbraith
Jeff Mead	01:03.23	2007	<b>100 free</b>	2000	01:21.68	Carol Galbraith
Jeff Mead	02:24.63	2007	<b>200 free</b>	2003	03:44.58	Ellyn Vail
Dawson Nash	06:08.96	2004	<b>400 free</b>	2003	07:17.34	Ellyn Vail
John Vail	13:52.03	2000	<b>800 free</b>	2000	14:45.11	Connie Meck
Ken Beier	23:19.38	2000	<b>1500 free</b>	2000	33:20.79	Frances Stage
William Bentson	:39.35	2004	<b>50 back</b>	2000	:42.78	Carol Galbraith
Dawson Nash	01:29.29	2004	<b>100 back</b>	2000	01:35.76	Carol Galbraith
Dawson Nash	03:16.99	2004	<b>200 back</b>	2000	04:05.08	Bonnie Pinzel
Jose Cunningham	:34.47	2007	<b>50 breast</b>	2000	:42.20	Dale Barnhart

Jose Cunningham	01:18.01	2007	100 breast	2000	01:34.52	Dale Barnhard
Jack Markey	03:34.00	2002	200 breast	2000	03:26.52	Dale Barnhard
Jose Cunningham	:29.60	2008	50 fly	2000	:57.55	Suzanne Bolton
Ken Beier	01:33.57	2000	100 fly			
Doug Wilson	02:57.18	2000	200 fly			
Jeff Mead	02:52.14	2007	200 I.M.	2000	03:59.21	Connie Mack
Dawson Nash	07:22.84	2007	400 I.M.			

### 55-59

Dick Keiser	:36.58	2000	50 free	2008	:42.30	Suzanne Hubbard
Craig Franz	01:05.93	2009	100 free	2008	01:19.93	Suzanne Hubbard
Craig Franz	02:31.68	2009	200 free	2008	02:52.98	Suzanne Hubbard
Craig Franz	05:36.02	2009	400 free	2008	06:08.69	Suzanne Hubbard
Craig Franz	11:34.79	2009	800 free	2004	18:03.15	Elynn Vail
John Vail	28:27.76	2004	1500 free			
Dawson Nash	:40.85	2008	50 back	2008	:49.35	Suzanne Hubbard
Dawson Nash	01:30.94	2008	100 back	2008	01:40.95	Suzanne Hubbard
Dawson Nash	03:18.56	2008	200 back	2008	03:34.11	Suzanne Hubbard
Barry Haddan	:39.78	2009	50 breast			
Barry Haddan	01:28.75	2009	100 breast			
Barry Haddan	03:10.61	2009	200 breast			
Dawson Nash	:38.39	2008	50 fly	2002	01:00.01	Suzanne Bolton
Kieran Kelleher	01:18.25	2007	100 fly			
Dawson Nash	03:33.44	2008	200 fly			
Kieran Kelleher	02:58.21	2007	200 I.M.			
Barry Haddan	06:52.22	2009	400 I.M.			

### 60-64

Kieran Kelleher	:30.06	2009	50 free	2008	:36.15	Dale Barnhard
Dick Keiser	01:23.79	2004	100 free	2008	01:15.04	Dale Barnhard
Paul Brown	02:54.06	2008	200 free	2004	03:25.06	Karen Klisch
Paul Brown	05:52.22	2008	400 free	2004	07:09.43	Karen Klisch
			800 free	2004	14:44.60	Karen Klisch
			1500 free			
Paul Brown	:44.43	2008	50 back			
Paul Brown	01:31.62	2008	100 back			
Paul Brown	03:09.88	2008	200 back			
Tom Qualey	31:12.00	2009	50 breast	2008	:43.00	Dale Barnhard
Tom Qualey	01:42.73	2009	100 breast	2008	01:31.41	Dale Barnhard
			200 breast			
Kieran Kelleher	:31.56	2008	50 fly			
Kieran Kelleher	01:15.87		100 fly			
			200 fly			
Paul Brown	03:07.77	2008	200 I.M.			
			400 I.M.			

### 70-74

			50 free	2004	01:05.57	Marcay Dickens
			100 free	2004	02:28.16	Marcay Dickens
			200 free			
			400 free			
			800 free			
			1500 free			
			50 back	2004	01:04.56	Marcay Dickens
			100 back	2004	02:28.01	Marcay Dickens
			200 back			
			50 breast			
			100 breast			
			200 breast			
			50 fly			
			100 fly			
			200 fly			
			200 I.M.			
			400 I.M.			

**75-79**

50 free	2000	:59.04	Ester Yalowitz
100 free			
200 free			
400 free			
800 free			
1500 free			
50 back	2000	01:05.09	Ester Yalowitz
100 back			
200 back			
50 breast			
100 breast			
200 breast			
50 fly			
100 fly			
200 fly			
200 I.M.			
400 I.M.			

**80-84**

50 free	2003	01:50.28	Yolanda Markey
100 free			
200 free			
400 free			
800 free			
1500 free			
50 back			
100 back			
200 back			
50 breast			
100 breast			
200 breast			
50 fly			
100 fly			
200 fly			
200 I.M.			
400 I.M.			